

## Signature IV Drips



### Core Vitality – R550

Benefits: Boosts energy, improves hydration, and supports overall wellness.

Ingredients: B-Complex, B12, Magnesium.  
Time: 15–20 minutes  
IV Bags: 1 × 200ml



### Immune Defender – R650

Benefits: Strengthens immune response and speeds up recovery from illness.

Ingredients: B-Complex, B12, Magnesium, Vitamin C, Zinc.  
Time: 20–30 minutes  
IV Bags: 1 × 200ml



### Radiance Glow – R800

Benefits: Enhances skin clarity, brightness, and collagen support and organ detox support.

Ingredients: B-Complex, B12, Magnesium, Vitamin C, Glutathione.  
Time: 30–40 minutes  
IV Bags: 1 × 200ml



### Clarity Focus – R950

Benefits: Improves mental clarity, combats fatigue, and sharpens focus.

Ingredients: B-Complex, B12, Magnesium, NAD+ (100mg).  
Time: 40–50 minutes  
IV Bags: 1 × 200ml



### Elevate Performance – R1200

Benefits: Maximizes cellular health, detox, and recovery. Ideal for high achievers.

Ingredients: B-Complex, B12, Magnesium, Vitamin C, Glutathione, NAD+ (100mg).  
Time: 60–75 minutes  
IV Bags: 2 × 200ml

## IV Drip Boosters

### The Ultimate Cellular Recharge - NAD<sup>+</sup> - R400

(100 mg / 2 mL)

Enhances energy at the cellular level, sharpens mental focus, promotes healthy aging, and supports detox.

Note: Administered in an additional 200 mL IV bag for optimal safety and comfort.

### Your Body's Master Antioxidant - Glutathione - R300

(600 mg / 3 mL)

Brightens skin, boosts immunity, supports liver detox, and reduces inflammation. Best given at the end of your drip as an IV push or in a mini bag.

### Immunity & Glow Booster - Vitamin C - R200

(2,500 mg / 5 mL)

Strengthens immune defences, stimulates collagen production, and protects against stress and pollutants.

## Intramuscular Injections

Each injection includes Lidocaine (0.5 mL of 1% solution) for a comfortable, sting-free experience. Our nutrient-rich IM shots deliver quick benefits with minimal downtime.

### Energy Boost – R400

Dosage per injection: B12 (1 mL) + B-Complex (1 mL) + Lidocaine (0.5 mL)

Quick pick-me-up for fatigue, low mood, or post-travel recovery. Boosts energy metabolism, supports brain function, and improves mood.

### Immune Defender – R400

Dosage per injection: Vitamin C (2 mL) + Zinc (1 mL) + B-Complex (1 mL) + Lidocaine (0.5 mL)

Strengthens the immune system, helps ward off colds and flu, and supports faster recovery during illness.

### Slim Shot (MIC) – R450

Dosage per injection: Methionine (0.5 mL) + Inositol (0.5 mL) + Choline (0.5 mL) + B12 (1 mL) + Lidocaine (0.5 mL)

Supports fat metabolism, liver detox, and sustained energy. Ideal for weight-loss or detox plans.

### Mood & Nerve Support – R400

Dosage per injection: Magnesium (1.5 mL) + B12 (1 mL) + B-Complex (1 mL) + Lidocaine (0.5 mL)

Calms the nervous system, helps manage anxiety and stress, supports restful sleep and muscle relaxation.

### Hair, Skin & Nails – R450

Dosage per injection: Biotin (1 mL) + B-Complex (1 mL) + Zinc (1 mL) + Lidocaine (0.5 mL)

Promotes stronger nails, healthier skin, and thicker hair. Ideal for post-partum recovery or hormonal hair loss.

### NAD<sup>+</sup> Express Shot – R450

Dosage per injection: NAD<sup>+</sup> 100 mg (2 mL) + Lidocaine (0.5 mL)

Mental clarity, mood elevation, energy, and cellular repair. A shorter option than the IV, recommended once or twice weekly for maintenance.

### Calm in a Vial - Magnesium Sulfate - R100

(500 mg / 2 mL)

Eases muscle cramps, relieves stress, and promotes better sleep and nerve function.

### Metabolic & Mood Enhancer - Vitamin B12 - R100

(1,000 mcg / 1 mL)

Supports red blood cells, mood, and energy metabolism. A great add-on for fatigue and low energy.

### Immune & Skin Strengthener - Zinc - R100

(10 mg / 2 mL)

Boosts skin healing, hormone health, and helps fight infections.

### Extra Hydration, Extra Wellness - Hydration Boost - R120

(Additional 200 mL IV bag)

Flushes toxins, improves nutrient absorption, and combats dehydration and fatigue. Perfect for post-travel, warm climates, or active lifestyles.